



HRC SB Board Report – February 2023

Rebekah Brubaker (Executive Director)
Adam Yoder (Community Recovery Services)
Vacant (Behavioral Health Services)

John Malone (Developmental Services)
Barbara Brady (Administrative Services)

Message from the Executive Director

On Friday February 3rd the agency participated in our 3rd annual all staff training day; the first time since the pandemic that we have been able to come together for this event. Providing opportunities for staff to continue developing their knowledge, skills and abilities is an important piece of our culture. During the morning, staff have the opportunity to attend a variety of sessions of their choosing, and then we come together as one agency for lunch and end the day with a few words from leadership. Staff are appreciative of the opportunity to take a step back from their daily work and engage in a different type of learning with their co-workers. As I provided the closing remarks for the day, I reminded staff of our values as an agency of respect, integrity, good humor and hope. These values are the cornerstone of our organization and will continue to guide us into the future. Over the coming year, we will be intentional about how we are living out these values in our work with our clients, with our co-workers and within our community.

Rebekah Brubaker, LPC

Administrative Services

Compliance The Compliance Department is busy working with colleagues in ID/DD responding to an extensive CAP from our DBHDS Licensing Specialist. The CAP includes 17 citations, where she thoroughly reviewed all policies, two clients and two staff charts. We expect to have all issues addressed and responded to by February 17.

Compliance has hired a new Quality Improvement specialist who will start on Tuesday, February 21. Nicole Ocheltree comes to us with an extensive background in direct care and management. The Department is also hosting its first ever intern this semester. Jenna Hughes is a senior in Healthcare Administration at JMU and has been with the team since January 9.

Facilities Dickson has been addressing many HVAC issues in the building, including working closely with Blauch Brothers’ technicians and engineers to figure out the complexity of the building. They have targeted the problem areas, but unfortunately are finding it to be a bit like wacamole.

Risk Management Josh Dyke is working hard to revise the many policies cited as needing “tweaks” in the DBHDS ID/DD audit. He is also busy with regular Serious Incident Reports and two Root Cause Analyses.

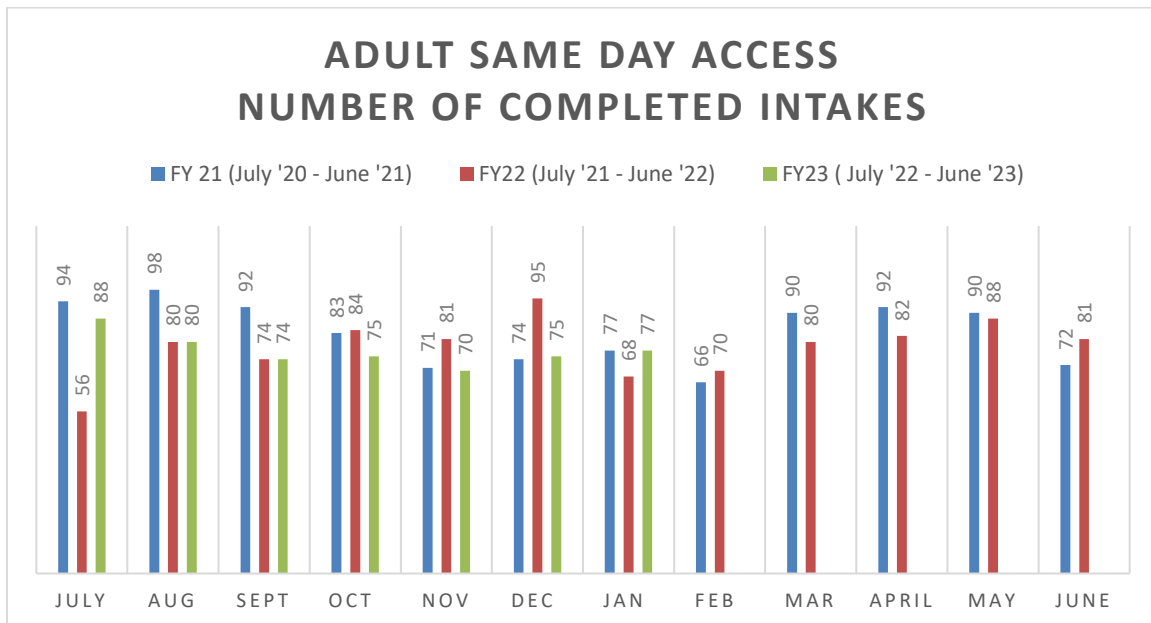
Clerical Sadly, Jeannie’s goal of remaining fully staffed for more than three months in a row has been thwarted by a recent resignation. With a staff member’s departure for a warmer climate, Clerical will be recruiting for that vacancy.

IT The IT Team, in particular James Jenkins and Jacob Miska, have put a lot of planning and effort into supporting the computer and A/V needs for the agency’s Training Day. They have worked closely with the organizing committee and rolled with various challenges and changes. IT continues to recruit for a Network Administrator and is gearing up for some early 2023 projects.

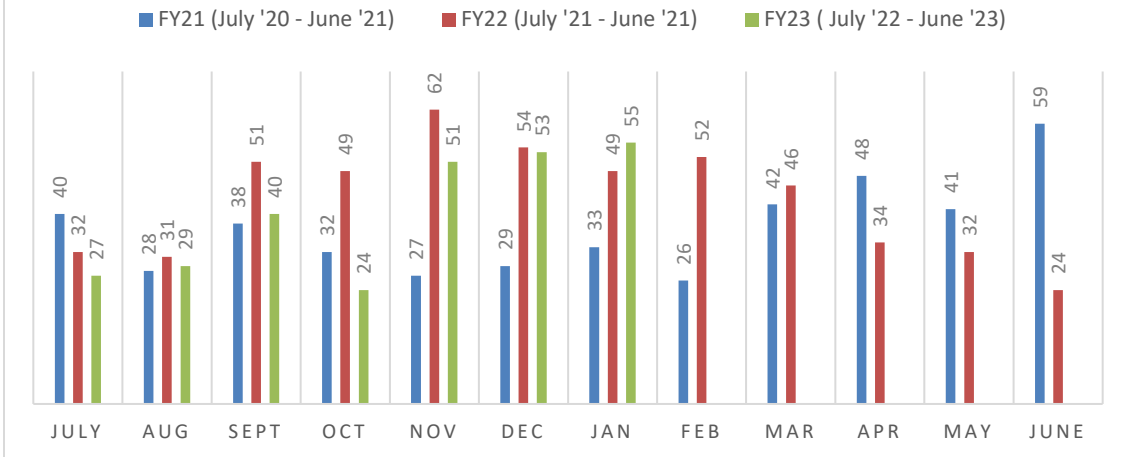
Behavioral Health Services

Same Day Access (SDA) – Adult & Child

We provide walk-in intakes for adults on Mondays, Wednesdays and Fridays and scheduled intakes for children and families on Tuesdays and Thursdays. For the month of January, the Same Day Access team completed 77 intakes for adults and 55 intakes for child and adolescent services.



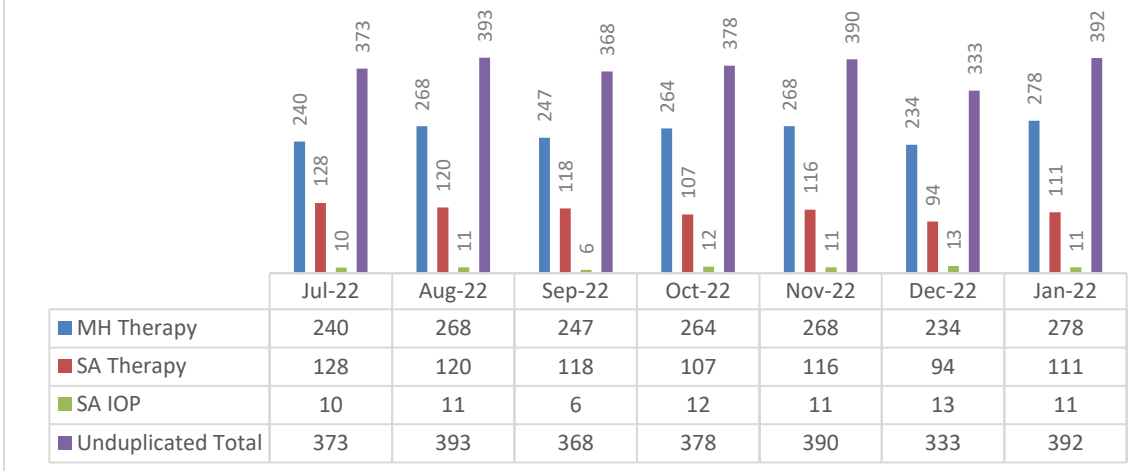
CHILDREN'S SAME DAY ACCESS NUMBER OF COMPLETED INTAKES



Outpatient Services – Adult and Child

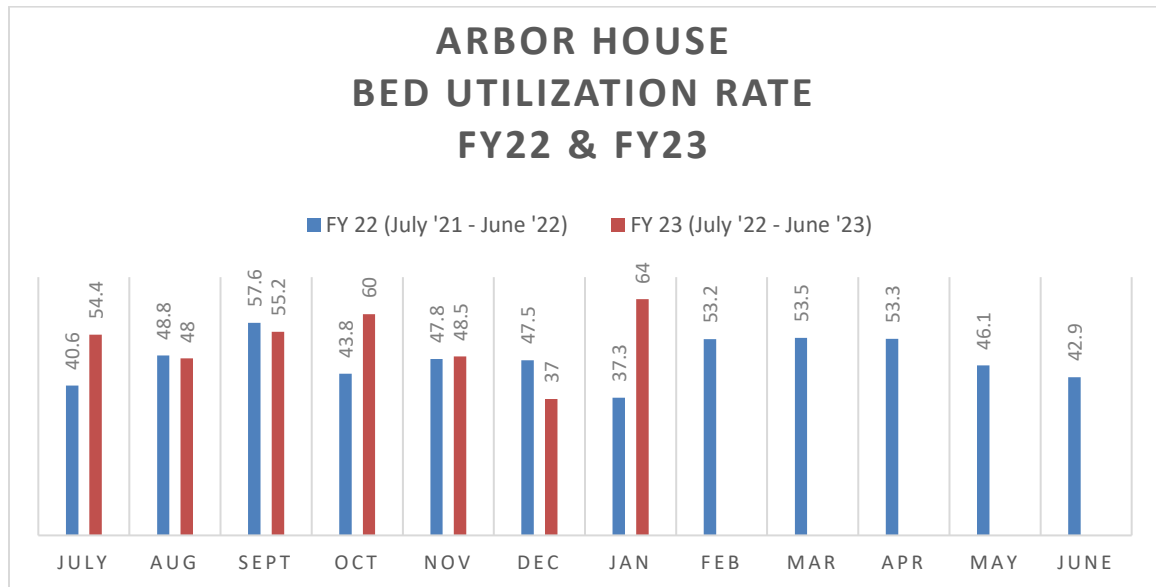
For the month of January, in adult outpatient therapy, we provided mental health therapy to 278 individuals, for substance use therapy services, we served 11 individuals and in our SA IOP program, we served 11 individuals, for a total of 392 unduplicated individuals served in therapy services. For the month of January, in child outpatient therapy, we provided services to 438 individuals and their families. Currently we have 571 individuals enrolled in children’s therapy services.

ADULT OUTPATIENT SERVICES FY23 (JULY '22 - JUNE '23)



Arbor House (Crisis Stabilization Unit)

During January, Sylvia Rhodes joined our team as our Arbor House Case Coordinator, she who will be assisting with managing the referrals and discharge planning for residents. This position is a key position to help support the overall program and ensuring comprehensive discharge planning for our residents. We have continued to maintain a 5-bed capacity; however, we are looking towards plans to resume 7-bed capacity in the coming months. In January, our bed utilization rate was 64% based on 7-bed capacity; our utilization rate based on the 5-bed capacity was 89.7%. Our average for the fiscal year based on the 5-bed capacity is 73.5%



Behavioral Health Wellness

Over the first half the year, the Behavioral Health team has provided a total of 24 trainings in the following areas; 7 Mental Health First Aid trainings with 105 people trained in our community, 7 REVIVE trainings with 82 people trained in our community, trained 9 individuals in Understanding Adverse Childhood Experiences, trained 14 people in Applied Suicide Intervention Skills Training; and provided 8 custom community trainings on behavioral health topics. The team has also distributed 71 trigger locks and 92 cable locks to help address lethal means safety. In addition, we have provided 501 med lock boxes throughout the community. Other safety devices distributed throughout the community include 219 pill sorting strays, 360 medication deactivation packets and 59 boxes of Narcan during REVIVE! Trainings. The team continues to partner with our local school system and has provided 510 Resiliency kits

throughout both Harrisonburg City Schools and Rockingham County Schools, and helped outfit 4 schools with materials to set up Calm Rooms.

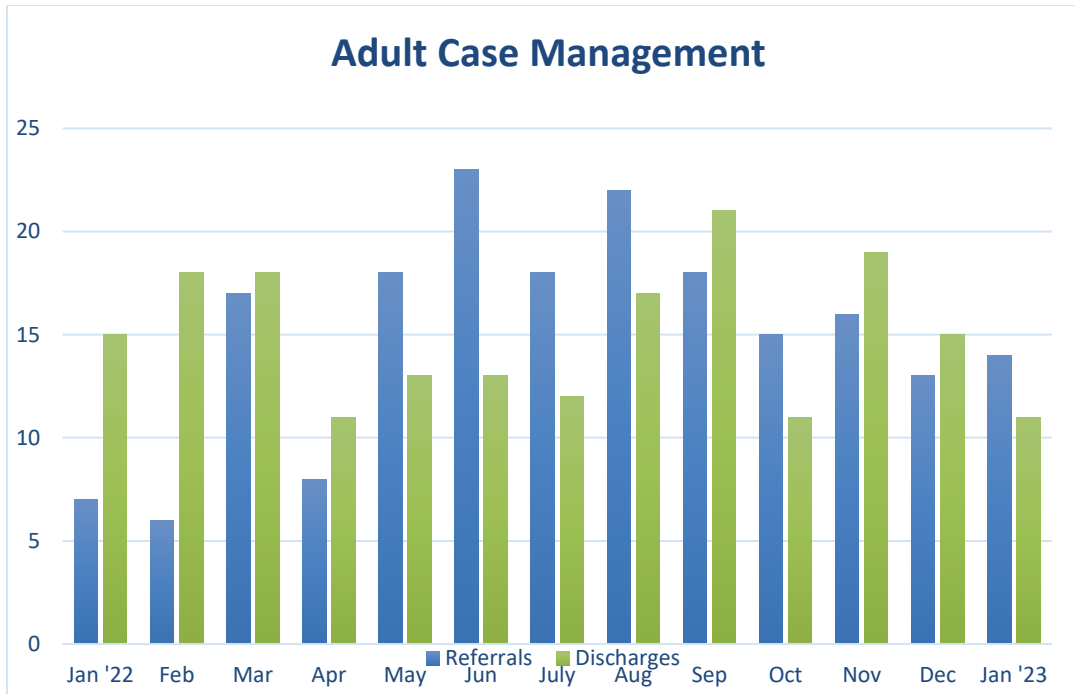


Community Recovery Services

Adult Mental Health Case Management (MCHM)

Adult case management team continues to work through staffing challenges. There is currently one opening for a full-time case manager, as well as now an opening for the Hospital Liaison position. The Liaison is a required position for all CSB's, whose role is to facilitate the transition of adult state hospital discharges back into their home community. The work requires intense and timely communication between the discharging team with the state hospitals and the adult programs here at our CSB. The Liaison attends weekly treatment planning meetings for each client at the state hospitals either in person or virtually. Challenges to discharge that the Liaison works to address include finding housing or as clinically indicated a higher level of services, like Assisted Living Facilities or Skilled Nursing placements. Many times these placements are located outside of our local area and involves coordinating with other CSB's.

Below is a table representing Adult Case Management referrals, discharges and total clients over the past 13 months. There are currently 36 individuals on the referral list with a wait of 2-3 months for placement due to open case management positions on the team.



Children’s Mental Health Community Supports (CM, CS, FCC)

The children’s case management team is delighted to congratulate Cathy Allen as the new Lead Children’s Case Manager. Cathy has almost 2 decades of case management experience at HRCSB and is a respected leader on the team.

This is a new position funded by the Department of Behavioral Health and Developmental Services through STEP-VA case management step. The Lead Case Manager’s role is to provide oversight of documentation of services, ensuring maximum billing and compliance. In addition, this position will orient and train new staff and interns, provide coaching and guidance to team members on difficult cases and provide coverage as needed for caseloads.

Psychiatric Rehabilitation (Summit House)

Summit House welcomed Makayla Sonifrank as a General Advocate at the beginning of February. The team now has 4 General Advocates along with a Supervisor. Summit House is advertising for their final staff opening- a Clinical Advocate. The clinical advocate’s main responsibilities include member intakes, comprehensive needs assessments, insurance authorizations and treatment planning. This position requires an individual to be a master’s level licensed mental health practitioner or trainee. We look forward to filling this position in the coming months.

Peer Support Program

We are beginning to interview applicants for the part time Mental Health Certified Peer Recovery Specialist (MH CPRS) position(s) this week and are hopeful that we can continue to grow our staff. We are still in the search process for a drug court peer. We are hopeful that once



we hire and train additional staff, we can expand our capacity to serve more clients through peer services.

Over the holiday season, the peer staff were able to take several clients to Gypsy Hill Park in Staunton to see the Christmas lights. The group greatly enjoyed spending time with each other and participating in a traditional holiday outing.

Robyn Collins, our Peer Coordinator has been accepted into the Recovery Leadership Academy (RLA) for 2023. The RLA is a yearlong program sponsored by DBHDS and VCU that focuses on building and developing future leaders in the recovery community.

Supervised Living Residential (Market Street)

Residential continues to accept community referrals as well as hospital discharges. We are adding a new resident this month from a community referral. We anticipate 3-4 hospital discharges over the next 6-12 months. We currently have three counseling graduate students on staff who are excited about applying what they are learning. We also welcomed a Social Work intern from EMU onto our team for the semester and she is already jumping right in.

Western State Hospital (WSH)

WSH census report for December of 2022, HRCSB had a census per 100,000 of 5.5, and an average census of 7. Our region, HPR 1, had an average census per 100,000 of 8.3, and an average census of 130. Health Planning Region 1 is made up of 9 CSB's: Alleghany Highlands, HRCSB, Horizon Behavioral Health, Northwestern, Rappahannock Area, Rappahannock-Rapidan, Region Ten, Rockbridge Area and Valley.

Developmental Services

Developmental Disabilities Case Management

Developmental Disabilities (DD) Case Managers billed 290 units for the month of January, with DD case managers from Valley Associates for Independent Living completing an additional 22 billable units. Case managers completed 553 separate contacts to assist with linking clients to services, or monitoring their satisfaction, including 206 face-to-face visits. They also completed 14 annual ISPs.

Currently we have 341 individuals receiving DD Case Management services, including 234 receiving Waiver services. Of those, 49 require Enhanced Case Management, meaning they have recently received crisis services, emergency medical services, or are at significant risk as determined by the Support Intensity Scale. For those receiving Enhanced Case Management, support coordinators must complete face-to-face visits every 30 days, with 2 out of every 3 visits occurring in the client's home.

There are 226 individuals on the DD Waiver Waiting list awaiting services. There are currently 52 individuals on Priority 1 status, followed by 96 on Priority 2, and 78 on priority 3. We



received 3 new referrals, completed 3 new waiver screenings. We added 16 individuals to the waiver waiting list.

The 22nd Department of Justice Settlement Review by the Independent Reviewer has begun. Virginia has currently met 94 of the 177 indicators in the settlement agreement. All of the Independent Reviewer reports can be found in full on the DBHDS website.

The DD department participated in a DBHDS licensure review in early January. The review was thorough, with a number of areas of non-compliance noted, and particularly focused on our agency Quality Improvement Plan. Working with the compliance department, we will be completing a Corrective Action Plan by the end of February.

Infant and Toddler

The Infant and Toddler program is excited to be partnering with “The Autism Project” to host and facilitate a regional training in the spring. The training will focus on how characteristics of ASD manifest in early childhood, and will offer a several additional workshops during an all-day event.

The implementation of Trac-it, the statewide data system, continues. Although statewide full use is not mandated until spring, the HRCSB ITC team has have been utilizing the system fully for several months. Some key concerns which remain as we move towards full implementation statewide are reducing duplicate documentation across health records, and integrating billing capabilities within Trac-it.

President Biden has signed the Omnibus Appropriations Bill that funds federal programs through September 2023. This bill includes IDEA formula funds that will be allocated to states on July 1, 2023. The IDEA Part C program is funded at \$540 million, a \$43.7 million increase over FFY 2022. None of the policy changes previously discussed (e.g., prohibiting family fees) were included in the final bill.

Month	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023
July	17	20	31	30	30	35	42
August	30	40	38	36	35	42	44
September	31	36	33	38	33	29	30
October	18	35	30	36	34	26	38
November	31	30	27	28	30	29	41
December	22	28	35	34	24	39	30
January	38	31	44	37	41	22	46
February	24	32	35	35	31	29	
March	31	30	32	40	34	55	
April	30	43	34	32	38	53	
May	48	20	33	25	26	45	

June	34	32	25	35	45	38	
Total Referrals	353	377	397	406	401	442	225
Child Count- Dec 1	127	162	173	195	201	193	

Month:	July	August	September	October	November	December	January
Total Referrals	42	44	30	38	41	25	46
Monthly Referral Goal	40	40	35	30	30	40	30
Number of children enrolled	298	303	280	284	282	286	295
Data for Referrals							
Parent Declines/No Contact	16	14	15	14	12	9	1
Transfers	0	3	0	1	1	0	0
Not Eligible	7	5	3	3	1	0	0
In Process	0	0	0	0	4	11	44
Deceased	0	0	0	0	0	0	0
Active	19	22	12	20	23	5	1

