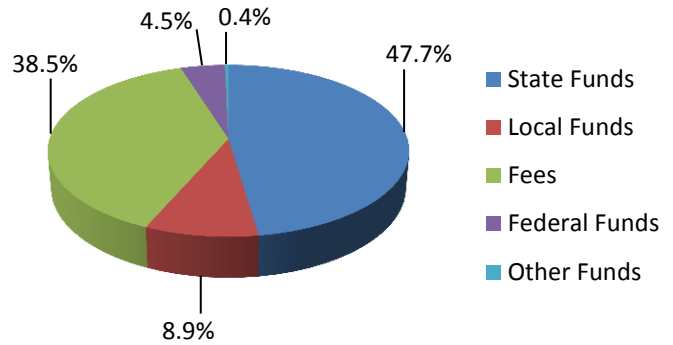


Harrisonburg-Rockingham Community Services Board

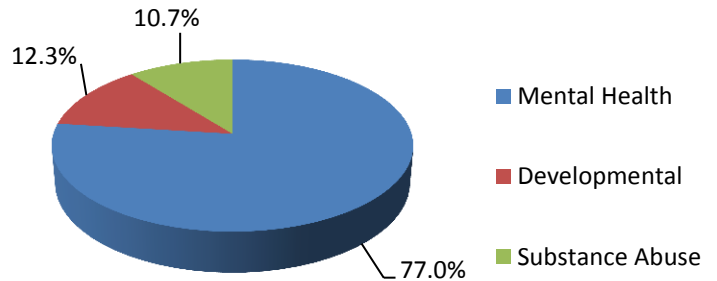


A Public Agency Serving the City of Harrisonburg and Rockingham County providing services that promote dignity, choice, recovery, and the highest possible level of participation in work, relationships, and all aspects of community life or individuals and their families whose lives are affected by behavioral health or developmental disorders.

<u>REVENUES</u>	<u>FY 2014</u>
State Funds	\$ 4,635,268
Local Funds	\$ 868,985
Fees	\$ 3,744,690
Federal Funds	\$ 440,163
Other Funds	\$ 35,220
	<u>\$ 9,724,326</u>



<u>SERVICES</u>	<u>FY 2014</u>
Mental Health	\$ 7,483,533
Developmental	\$ 1,195,790
Substance Abuse	\$ 1,045,003
	<u>\$ 9,724,326</u>



In FY 2014, the CSB provided community-based services to **3,637** individuals and families in the following categories:

Service	Program	Individuals Served
Acute	Emergency Services	658
	Crisis Stabilization - Arbor House	234
Mental Health	Assessment and Evaluations	1243
	Psychiatric Medical	1872
	Psychotherapy	2167
	Case Management	712
	Psychosocial Rehabilitation Day Program	193
	Mental Health Skill Building	116
	Supervised Residential	30
	Developmental	Case Management
Developmental	Day Program Services (Purchased)	22
	Monitoring (Medicaid Waitlist Services)	88
	Infant and Toddler	262
	Substance Abuse	Psychotherapy
Substance Abuse	Case Management	146
	Intensive Residential	5
	Other	Early Intervention Services

Harrisonburg-Rockingham CSB Services

The following services are provided to the residents of the City of Harrisonburg and Rockingham County:

PSYCHIATRIC SERVICES: Psychiatric Evaluation and treatment along with nursing services that supports the treatment is available to children and adult CSB consumers.

OUTPATIENT SERVICES: Clinicians provide traditional mental health individual therapy for children and their families, as well as individual and group therapy sessions for adults struggling with mental health and substance use issues. Some evening hours are available.

MENTAL HEALTH CASE MANAGEMENT: Assessing the needs, strengths and preferences of individuals, adults who have persistent and significant mental illness and children who suffer from serious emotional disturbance (SED)and/or children who are considered at risk of SED. Services include but are not limited to linking to needed community services and natural supports; monitoring the delivery of those services. Clients are assisted with housing, psychiatric services, medical services, employment, community integration, benefits, legal issues, crises, etc...

INTELLECTUAL DISABILITY CASE MANAGEMENT: Serving adults and children with a primary diagnosis of intellectual disability, linking individuals to needed services and resources in order to assist with all aspects of community living, through the use of a Person Centered Plan. Screenings are provided for Virginia's ID Waiver through completion of assessments, gathering of diagnostic information, placing individuals on the ID Waiver waiting list, and managing the allocation of Waiver slots. Information resource on other applicable waivers such as the ED CD Waiver or Tech Waiver.

SUBSTANCE ABUSE CASE MANAGEMENT: Working with individuals receiving CSB outpatient substance abuse services, providing additional supports to link individuals to needed community services and natural supports and monitoring the delivery of those services.

MENTAL HEALTH SKILLS BUILDING: Working with adults with a serious mental illness directly in their homes and in the community to help them gain the skills they need for living independently and successfully.

SUMMIT HOUSE: A psychosocial rehabilitation program in a clubhouse environment designed to assist adults with recovery process from mental illness. Focus is on employment, member responsibility and empowerment, social engagement and support, mental health education, and overall wellness.

RESIDENTIAL SERVICES: The licensed supervised living residential program includes three sites in Harrisonburg serving adults with serious mental illness. Residents are given the support and

interventions they need to live successfully in the community. This service helps prevent hospitalization and also provides much needed discharge placements for clients leaving Western State Hospital. Sixteen individuals are provided intensive services with 24 hour staff availability.

PEER COACHES: Individuals who are in recovery provide peer support and coaching to assigned clients with mental illness. Peer coaches' personal recoveries lend credibility to their peers. HRCSB currently has four peer coaches and one peer who assist with transportation needs.

ARBOR HOUSE: A crisis stabilization unit that provides short term support and stabilization in a residential setting for adults who are experiencing a mental health crisis. The program offers an alternative to inpatient hospitalization or assists in the transition from hospitalization back to the individual's home. The program works with each resident to mobilize inner resources and community supports to aid in their ongoing journey of recovery.

EMERGENCY SERVICES: Emergency Services is available 24 hours per day, 7 days a week for individuals and families experiencing substance abuse and/or behavioral health crises; screening for the need for mental health and/or substance abuse services and evaluating the need for inpatient care.

ACCESS to SERVICES: Intake services are available for same day access to Adult services Monday through Friday during business hours. Intake services for the Children services are available by appointment.

VICAP: Virginia Independent Clinical Assessment Program is provided by the CSB to assess the medical necessity as required by Medicaid for some of the Medicaid reimbursed services for children under the age of 21.

INFANT and TODDLER SERVICES: Early intervention supports and services to infants and toddlers from birth through age two who are not developing as expected or who have a medical condition that can delay normal development. The focus is on increasing the child's participation in family and community activities that are important to the family and on helping parents and other caregivers know how to find ways to help the child learn during everyday activities.

PREVENTION SERVICES: Prevention Services provides an array of services in support of local agencies' efforts to identify and reduce mental health and substance use issues with in our community. These services include:

- reaching out to community merchants to educate local retailers to the laws regarding selling of tobacco and tobacco like products and social responsibility to product placement within the shop;

- assisting local school systems with the identification of substance abuse and mental health issues and with the development of early intervention prevention measures
- providing community educational opportunities on topics of bullying, mental health issues, substance abuse prevention, suicide prevention and coping skills for parents
- providing Mental Health First Aid Training to children and adults
- providing group educational series to adolescents referred by the court system who are first time offenders and/or need services to address anger management issues
- participating in the Health Community Council Committee
- partnering with Sentara RMH to support the parenting education and awareness program
- participating with James Madison Partnership for Community Collaboration efforts to focus on high risk behaviors of JMU students in the community, targeting alcohol consumption and resulting behaviors

Child Specific Team Meetings: Meetings are available at the request of any family in which all the players involved with their child are gathered to brainstorm ways to help the child and family

The Harrisonburg Rockingham Community Services Board partners with many local agencies that include but are not limited to the following: Law enforcement; Local Magistrate; Court System; Probation and Parole; Local Jail; regional private hospital behavioral units; state psychiatric hospitals that include Western State Hospital, Commonwealth Center for Children and Adolescents, and Central Virginia Training Center; local medical providers, inpatient and outpatient substance abuse facilities; city and county schools; local universities, and local agencies such as Department of Social Services, community behavioral health and substance use counseling agencies and private providers to address mental health, substance abuse and intellectual disabilities. In collaboration with these valued partners, the Community Services Board is better able to meet the growing behavioral health and developmental needs of the community we serve.

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